



Cape Naturaliste College Cafe Menu

Term 4 2026

Before School from 8am

Raisin Toast	\$1.50
Vegemite Toast (GF Option)	\$1.50
Toast & Milo Deal	\$3
Toasted Sandwiches	\$5
Bacon & Egg Muffin	\$5



Drinks All Day

Warm Milo	\$2
Flavoured Milk 300ml	\$3
Flavoured Milk 600ml	\$5
Daily Juice	\$5
Juice Box 250ml	\$2.50
Harvey Fresh Juice 450ml	\$5
Oak Milk 500ml	\$5
Protein Shakes	\$5.50
Water 600ml	\$2

All Day Availability

Selection of cakes, slices, biscuits, muffins, scones, custard delights & many other joys!

Available Breaks 1 & 2

Cinnamon Bun	\$4	Meat & Salad Wrap	\$8
Cheesymite Scroll	\$4	Half Meat & Salad Wrap	\$4.50
Cheesy Stick	\$2.50	Meat & Salad Roll	\$7.50
Protein Desserts (GF)	\$3.50	Meat & Salad Sandwiches	\$5.50
Vietnamese Rolls Beef or Chicken (GF)	\$8	Rainbow Salad (V)	\$8
Sushi Bowls	\$8	Chicken Ceaser Salad	\$8
Fruit Platter (V)	\$5.50	Vegie Sticks & Hommus (V, GF)	\$5.50

Sandwiches and Rolls – Gluten Free to order (GF)





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Available Break 1

Spaghetti Cheesie & Bean Cheesie available daily \$3

<u>MON</u>	Pizza Slice	\$4.50	Pinwheels (V)	\$3
<u>TUES</u>	Homemade Sausage Roll/ (V to order)	\$5.50	Ham & Cheese Croissant	\$5.50
<u>WED</u>	Bacon & Egg Burger (GF to order)	\$5.50	Pigs in Blankets	\$2.50
<u>THUR</u>	Ham & Cheese, Cheese & Tomato Croissants	\$5	Cheesy Arancini (V)	\$5
<u>FRI</u>	Homemade Sausage Roll/ (V to order)	\$5.50	Sausage & Hashbrown Wraps	\$5.50

Available Break 2

Turkish Legends available daily

Chicken ~ Chicken, pesto, spinach & mozzarella (contains nuts)

Hawaiian ~ Ham, Pineapple & mozzarella

Vegetarian ~ to order (V)

Daily Specials

<u>MON</u>	Pork Dumplings & Fried Rice	\$7.50	Beef Hamburger	\$7.50
<u>TUES</u>	Chicken Quesadillas	\$7.50	Katsu Chicken Burger	\$7.50
<u>WED</u>	Beef Taco	\$7.50	Sweet Chilli Chicken Subs	\$7.50
<u>THUR</u>	Vegetarian Nachos (V)	\$7.50	Beef Burrito	\$7.50
<u>FRI</u>	Chicken Parmi & Chips	\$7.50	Chicken Lasagna	\$7.50

**OPEN
5 DAYS!**

**EFTPOS
AVAILABLE**