



# Cape Naturaliste College Cafe Menu

## Term 3 2026

### Before School from 8am

|                            |        |
|----------------------------|--------|
| Raisin Toast               | \$1.50 |
| Vegemite Toast (GF Option) | \$1.50 |
| Toast & Milo Deal          | \$3    |
| Toasted Sandwiches         | \$5    |



### Drinks All Day

|                          |        |
|--------------------------|--------|
| Warm Milo                | \$2    |
| Flavoured Milk 300ml     | \$3    |
| Flavoured Milk 600ml     | \$5    |
| Daily Juice              | \$5    |
| Juice Box 250ml          | \$2.50 |
| Harvey Fresh Juice 450ml | \$5    |
| Oak Milk 500ml           | \$5    |
| Protein Shakes           | \$5.50 |
| Water 600ml              | \$2    |

### All Day Availability

Selection of cakes, slices, biscuits, muffins, scones, custard delights & many other joys!

### Available Breaks 1 & 2

|                                       |        |                         |        |
|---------------------------------------|--------|-------------------------|--------|
| Cinnamon Bun                          | \$4    | Meat & Salad Wrap       | \$8    |
| Iced Paris Bun                        | \$4    | Half Meat & Salad Wrap  | \$4.50 |
| Cheesymite Scroll                     | \$4    | Meat & Salad Roll       | \$7.50 |
| Cheesy Stick                          | \$2.50 | Meat & Salad Sandwiches | \$5.50 |
| Protein Desserts (GF)                 | \$3.50 | Sushi Bowls (GF)        | \$8    |
| Vietnamese Rolls Beef or Chicken (GF) | \$8    | Chicken Ceaser Salad    | \$8    |
| Sushi x 8 Chicken/Tuna (GF)           | \$8    |                         |        |

*Sandwiches and Rolls – Gluten Free to order (GF)*





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### Available Break 1

Spaghetti Cheesie & Bean Cheesie available daily \$3

|             |                                        |        |                           |        |
|-------------|----------------------------------------|--------|---------------------------|--------|
| <u>MON</u>  | Pizza Slice                            | \$4.50 | Pinwheels                 | \$3    |
| <u>TUES</u> | Homemade Sausage Roll/<br>(V to order) | \$5.50 | Ham & Cheese<br>Croissant | \$5.50 |
| <u>WED</u>  | Bacon & Egg Burger<br>(GF to order)    | \$5.50 | Pasta Bake                | \$5    |
| <u>THUR</u> | Ham & Cheese Croissants                | \$5    | Pigs in Blankets          | \$2.50 |
| <u>FRI</u>  | Homemade Sausage Roll/<br>(V to order) | \$5.50 | Brekky Wraps              | \$5.50 |

### Available Break 2

Turkish Legends available daily

Chicken ~ Chicken, pesto, spinach & mozzarella (contains nuts)

Hawaiian ~ Ham, Pineapple & mozzarella

Vegetarian ~ to order (V)

Soup of the day

### Daily Specials

|             |                       |        |                           |        |
|-------------|-----------------------|--------|---------------------------|--------|
| <u>MON</u>  | Katsu Chicken Burger  | \$7.50 | Loaded Chicken Fries      | \$7.50 |
| <u>TUES</u> | Chicken Quesadillas   | \$7.50 | Sweet Curry Sausages      | \$7.50 |
| <u>WED</u>  | Cottage Pie           | \$7.50 | Sweet Chilli Chicken Subs | \$7.50 |
| <u>THUR</u> | Beef Hamburgers       | \$7.50 | Butter Chicken (GF)       | \$7.50 |
| <u>FRI</u>  | Chicken Parmi & Chips | \$7.50 | Vegetarian Nachos (V)     | \$7.50 |

**OPEN  
5 DAYS!**

**EFTPOS  
AVAILABLE**